

MAXIMISING ENGAGEMENT WITH INMATES AND ITS BENEFITS

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This infographic summarises some of the ideas SPS has adopted to maximise engagement with inmates through relational development and how they might benefit inmate rehabilitation.

RELATIONAL DEVELOPMENT

PEER SUPPORT GROUPS

WHAT

Social and emotional support provided by peers and friends with shared experiences.

WHY

Provides social support to help them cope with challenges while providing alternative worldviews to help transform their perceptions.

1

WHAT CAN WE DO



Provide opportunities for individuals to **DEVELOP POSITIVE FRIENDSHIPS** and **BUILD RELATIONAL SKILLS**.



Inmates can act as **PEER SUPPORT** for one another and help each other through incarceration.

SUPPORT & MENTORING FROM PRISON OFFICERS

WHAT

Practical and emotional support and counseling from prison officers to prepare inmates for reintegration.

WHY

Inmates will be equipped with information that they need to adapt to an unfamiliar environment upon release.

2

WHAT CAN WE DO



BE OPEN to changing and reshaping the perception of your roles as prison officers and attitudes towards inmates.



APPLY LEARNT SUPPORT SKILLS to enhance the amount of support provided to inmates.



Provide **PRACTICAL AS WELL AS EMOTIONAL SUPPORT** to ensure the well-being of inmates are met.

THERAPEUTIC COMMUNITIES

WHAT

Therapeutic community is a group-based therapy strategy that aims to help troubled people understand, overcome, or reduce symptoms of mental health issues in a carefully designed and maintained social community.

WHY

Therapeutic communities provide a channel for social support and interventions to reduce symptoms of mental, personality, psychological and emotional disorders.

3

WHAT CAN WE DO



Encourage **ACTIVE PARTICIPATION AND CONTRIBUTION** in group psychotherapy and the specific activities of therapeutic benefit.

PRISON CONTACT MAINTENANCE PROGRAM

WHAT

Enhancing parent-child contact during incarceration

WHY

Improves parent-child relationships, child's school grades and emotional well-being. Parents will be motivated to be better parents and increase the likelihood of staying in their child's life in a positive way.

4

WHAT CAN WE DO



ENCOURAGE INMATES to participate in programs that would allow incarcerated parents to **IMPROVE THEIR PARENTING SKILLS** and facilitate **PARENT-CHILD RELATIONSHIP** by applying the skills learnt.



SINGAPORE PRISON SERVICE

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