



Hope • Confidence • Opportunities



Community Resources



**Support for Offenders
and their Families**



Prepared by Singapore Prison Service,
a Member of the CARE Network



CARE Network Partners

The Community Action for the Rehabilitation of Ex-offenders (CARE) Network is an alliance of various Social Service Agencies (SSAs) and Government Organisations dedicated to community engagement, coordination of aftercare efforts and enhancing service delivery for ex-offenders and their families.

| Agency | Address | Contact |
|---|---|------------------------|
| Industrial & Services Co-operative Society Ltd (ISCOS) https://www.iscos.org.sg/ | The Alexcier 237 Alexandra Road #04-03 Singapore 159929 | 6743 7885 |
| Singapore After-Care Association (SACA) https://www.saca.org.sg/ | 81 Dunlop Street Singapore 209408 | 6294 2350 6294 2763 |
| Singapore Anti-Narcotics Association (SANA) https://www.sana.org.sg/step-up-centre/ | Sengkang Community Hub 2 Sengkang Square #05-01 Singapore 545025 | 6386 0259 |
| | Step-Up @ Taman Jurong SSO 301A Corporation Drive Singapore 619773 <i>Mon, Wed & Fri: 9 am – 6 pm</i> <i>Thu: 9 am – 9 pm</i> | 9847 5102 |
| | Step-Up @ Northwest SSO ACE The Place Community Club 120 Woodlands Avenue 1 Singapore 730538 <i>Wed: 2 pm – 9 pm</i> | 8666 6076 |
| Yellow Ribbon Fund (YRF) https://www.yellowribbon.gov.sg/yellow-ribbon-fund | 980 Upper Changi Road North Blk B Level 2 Singapore 507708 (Singapore Prison Service and Yellow Ribbon Singapore HQ) | 6513 3597 6214 2867 |

Please scan the QR code for an electronic copy of the Community Resources Booklet:



<https://go.gov.sg/rb2022>



Addiction Treatment / Support Groups

| Agency | Address | Contact |
|--|---|---|
| Alcoholics Anonymous (AA) https://www.singaporeaa.org/meetings.html | Various Locations – Please refer to website | 8112 8089 (call or whatsapp) |
| Narcotics Anonymous (NA) https://nasingapore.org/meeting.htm | Various Locations – Please refer to website | 8405 8432 |
| National Addictions Management Service (NAMS) https://www.nams.sg/Pages/default.aspx | Buangkok Green Medical Park Blk 9 (Level 1) 10 Buangkok View Singapore 539747 | 24-hr helpline: 6 – RECOVER (6-732 6837) |
| National Council On Problem Gambling https://www.ncpg.org.sg/ (Webchat) | SLF Building 510 Thomson Road #05-01 Singapore 298135 | 1800-6-668-668 <i>Available daily from 8 am to 11 pm</i> |
| WE CARE Community Services https://www.wecare.org.sg/ | Kembangan-Chai Chee Community Hub Blk 5 11 Jalan Ubi #01-41 Singapore 409074 | 3165 8017 |
| Women in Recovery Association (WIRA) http://wira.org.sg/ | Apex @ Henderson 201 Henderson Road #08-28 Singapore 159545 | 8339 7690 |



Self-Help Groups and Associations

| Agency | Address | Contact |
|---|---|--|
| AMP Singapore https://www.amp.org.sg/ | AMP @ Pasir Ris 1 Pasir Ris Drive 4 #05-11 Singapore 519457 AMP @ Jurong Point Jurong Point Shopping Centre 1 Jurong West Central #06-02 Singapore 648886 | 6416 3966 6416 3990 / 9726 7655 |
| Association of Women for Action and Research (AWARE) https://www.aware.org.sg/ | Blk 5 Dover Crescent #01-22 Singapore 130005 | 6779 7137 Helpline: 1800 777 555 |
| Chinese Development Assistance Council (CDAC) https://www.cdac.org.sg/en/ | 65 Tanjong Katong Road Singapore 436957 | 6841 4889 |
| Persatuan Pemuda Islam Singapura (PPIS) https://ppis.sg/ | Blk 1 Eunus Crescent #01-2509 Singapore 400001 | 6744 0258 |
| Singapore Indian Development Association (SINDA) https://www.sinda.org.sg/ | 1 Beatty Road Singapore 209943 | 1800 295 3333 |
| The Eurasian Association, Singapore https://www.eurasians.sg/ | Eurasian Community House 139 Ceylon Road Singapore 429744 | 6447 1578 |
| The T Project https://www.thetprojectsg.org/ | 7 Race Course Lane #03-01 Singapore 218734 | 8346 0263 |
| Yayasan MENDAKI https://www.mendaki.org.sg/ | 51 Kee Sun Avenue (off Tay Lian Teck Road) Singapore 457056 | 6245 5555 |



Religious Organisations

| Agency | Address | Contact |
|---|--|--------------------------|
| Buddhist Fellowship https://www.buddhistfellowship.org/bfwp425/ | Yeo's Building 2 Telok Blangah Rd St 31 #02-00 Singapore 108942 | 6278 0900 |
| Christian Counselling Services http://ccslink.org/ | AsiaWide Industrial Building 5 Pereira Road #06-02 Singapore 368025 | 6222 1305 |
| Family and Inmates ThRough-care Assistance Haven (FITRAH) https://www.facebook.com/fitrahsingapore/ | Masjid En-Naeem 120 Tampines Road Singapore 535136 | 6911 8153 / 6911 8154 |
| Loving Hand Fellowship https://lhf.sg/ | 20 Ubi Crescent Singapore 408565 | 8126 1744 (WhatsApp) |
| Muneeswaran Community Services Ltd https://www.facebook.com/mComSvcs/ | 3 Commonwealth Drive Singapore 149594 | 6473 5037 |
| PERGAS https://www.pergas.org.sg/ | Wisma Indah 448 Changi Road #03-01 Singapore 419975 | 6346 9350 |
| Prison Fellowship Singapore https://pfs.org.sg/ | 1 Dorset Road Singapore 219486 | 6384 2338 |
| Roman Catholic Prison Ministry https://www.caritas-singapore.org/roman-catholic-prison-ministry-rcpm/ | Catholic Archdiocesan Education Centre 2 Highland Rd #03-04 Singapore 549102 | 6100 7276 |
| SANA Hindu Religious Group of Volunteers (RGV) https://www.sana.org.sg/ | Sengkang Community Hub 2 Sengkang Square #05-01 Singapore 545025 | 6870 5192 6870 5193 |
| Sikh Welfare Council https://www.siwec.org/ | 2 Towner Road #06-02 Singapore 327804 | 6299 9234 |
| Singapore Buddhist Federation https://www.buddhist.org.sg/ | 59 Lorong 24A Geylang Singapore 398583 | 6744 4635 |
| The Hindu Centre https://www.hinducentre.org.sg/ | 132 Owen Road Singapore 218935 | 6291 8540 |



Mental Health Services

| Agency | Address | Contact |
|--|--|---|
| Agency for Integrated Care (AIC) www.aic.buzz/mindmatters-directory | Various Locations – Please refer to website | - |
| Club HEAL http://www.clubheal.org.sg/ | Club HEAL @ Buangkok The Hope Centre Blk 997A Buangkok Crescent #01-809 Singapore 531997 Club HEAL @ Bukit Batok East The Loving Hub Blk 254 Bukit Batok East Ave 4 #01-229 Singapore 650254 Club HEAL @ Marsiling The Empowerment Hut Blk 317 Woodlands St 31 #01-194 Singapore 730317 Club HEAL @ Pasir Ris East The Acceptance Place Blk 148 Pasir Ris St 13 #01-24 Singapore 510148 | 6899 3463 <i>9 am to 5 pm, Mondays to Fridays</i> |
| Institute of Mental Health (IMH) https://www.imh.com.sg/ | Buangkok Green Medical Park 10 Buangkok View Singapore 539747 | 24-hr hotline: 6389 2000 |
| Samaritans of Singapore (SOS) https://www.sos.org.sg/ | 10 Cantonment Close #01-01 Singapore 080010 | 24-hr hotline: 1-767 24-hr Whatsapp text: 9151 1767 |
| Silver Ribbon (Singapore) https://www.silverribbonsingapore.com/ | Blk 208 Serangoon Central #01-238 Singapore 550208 | 6386 1928 <i>9 am to 5 pm, Mondays to Fridays</i> |
| Singapore Association for Mental Health (SAMH) https://www.samhealth.org.sg/ | Blk 139 Potong Pasir Ave 3 #01-136 Singapore 350139 | 6255 3222 Toll Free Helpline: 1800 283 7019 |



Help Against Family Violence

| Agency | Address | Contact |
|--|---|------------------------------------|
| National Anti-Violence and Sexual Harassment Helpline | - | 1800-777-000 Available 24 hours |
| Care Corner Project StART https://www.carecorner.org.sg/family-violence-protection | 7A Commonwealth Ave #01-672 Singapore 141007 | 6476 1482 |
| PAVE https://www.pave.org.sg/ | Blk 211 Ang Mo Kio Ave 3 #01-1446 Singapore 560211 Blk 305 Yishun Central #01-175 Singapore 760305 | 6555 0390 |
| TRANS SAFE Centre https://www.trans.org.sg/services-safe | Blk 410 Bedok North Ave 2 #01-58 Singapore 460410 | 6449 9088 |



Nursing Homes

Nursing Homes are long-term residential care facilities that provide assistance to residents who need help in most of their activities of daily living and/or have daily nursing care needs.

A nursing home provides the following services:



Help With Activities of Daily Living

This includes going to the toilet, showering and eating, etc.



For Dementia/Psychiatric Facilities

Programmes and activities for cognitive stimulation will be provided to slow down the deterioration of mental function of the residents.



Night Respite

Night Respite is an overnight respite option for caregivers of persons living with dementia displaying sundowning behaviour. This gives them some time off from night-time caregiving duties.



Nursing Care

This includes management of nasogastric tube, urine catheter, wound dressing, etc.



Physical and Social Activities

Maintenance exercises, outings, etc.

For more information on Nursing Homes, please visit <https://www.aic.sg/care-services/nursing-home>

For information on Nursing Homes providers, please visit <https://www.aic.sg/care-services/e-care-locator>

For advice on the criteria and application for a Nursing Home service, patients or family may approach a Care Consultant at your nearest AIC Link – <https://www.aic.sg/aic-link>



Accommodation

| Agency | Address | Contact |
|--|--|-----------|
| Housing & Development Board (HDB) https://www.hdb.gov.sg/cs/infoweb/homepage | HDB Hub 480 Lorong 6 Toa Payoh Singapore 310480 (weekdays: 8:30 am to 5:00 pm) | 6490 1111 |

Halfway Houses and Shelters

Residents are to abide by all the rules and regulations at the Halfway House (HWH).

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|--|--|--------------------------|
| Buddhist: Green Haven https://sbws.org.sg/en/services-affiliates/social-welfare-and-community-services/green-haven/ | 10 Admiralty Road East Singapore 759988 | 6565 6880 |
| Christian: Breakthrough Missions https://www.breakthroughmissions.org.sg/ | 24 Yew Siang Road Singapore 117758 | 6479 7734 6479 7756 |
| Christian: Teen Challenge Singapore https://www.teenchallenge.org.sg/ | 735 Old Choa Chu Kang Road Singapore 699798 | 6793 7933 |
| Christian: The Helping Hand https://thehelpinghand.org.sg/ | 819 Upper Serangoon Road Singapore 534678 | 6283 2204 |
| Christian: The New Charis Mission https://www.thenewcharismission.org.sg | Kembangan-Chai Chee Community Hub 11 Jalan Ubi Block 1 #01-01 Singapore 409074 | 6483 3707 |
| Christian (Female): The Turning Point https://www.theturningpoint.org.sg/ | 341 Jamaica Road Singapore 757615 | 6257 8364 |
| Christian: Watchman's Home https://watchmanhome.sg/ | 1035 Upper Changi Road Singapore 507676 | 9790 2060 |
| Hindu & Sikh: HEB-Ashram Halfway House https://heb.org.sg/heb-ashram/ | 30 Durban Road Singapore 759642 | 6753 9730 |
| Muslim: Jamiyah Halfway House (Darul Islah) https://jhh.jamiyah.org.sg/ | 352 Pasir Panjang Road Singapore 118694 | 6776 9101 |
| Muslim: Pertapis Halfway House https://www.pertapis.org.sg/welfare-homes | 50 Lorong 34 Geylang Singapore 398239 | 6746 4752 |
| Secular (Female): Rise Above Halfway House | 1 St. George's Lane Singapore 328047 | 6206 7440 |
| HCSA Highpoint https://hcsa.org.sg/programmes/hcsa-highpoint/ | 1 Lorong 23 Geylang Singapore 388352 | 6440 2444 |
| Secular (Female): GEM New Start Centre Limited https://gemnsc.com/winners-home/ | No 2 Springleaf View Singapore 787908 | 6266 3302 / 6266 3310 |
| Secular (Female): iC@RE HUB https://www.icarehub.org.sg/ | Call hotline for information | 9060 5845 |



Community and Family Services

| Agency | Address | Contact |
|--|--|---------------|
| AMKFSC Community Services https://www.amkfsc.org.sg/ | Blk 223D Compassvale Walk #01-673 Singapore 544223 | 6312 8100 |
| Care Community Services Society https://www.ccscscares.sg/ | CarePoint 103 Lavender Street #01-02 Singapore 338725 | 6950 7500 |
| Centre for Fathering https://fathers.com.sg/ | Dads Adventure Hub 1 Woodlands Road #04-03 Singapore 677899 | 6769 1238 |
| Family Service Centres https://www.msf.gov.sg/dfcs/familyservice/ | Various Locations – Please refer to website | - |
| FAM @ FSCs www.msf.gov.sg/dfcs/strengtheningfamilyservice/ | Various Locations – Please refer to website | 1800 111 222 |
| Fei Yue Community Services https://www.fycc.org/ | Blk 145 Simei St 2 #01-06 Singapore 520145 | 6422 1599 |
| Focus on the Family Singapore www.family.org.sg | Junction 8 Office Tower 9 Bishan Place #08-03 Singapore 579837 | 6336 1444 |
| Lakeside Family Services (TJ Haven) https://lakeside.org.sg/ | The Agape 21 Yung Ho Road #03-01 Singapore 618593 | 6265 6522 |
| Life Community Services Society https://life-community.org/ | Kallang Leisure Park 5 Stadium Walk #04-04 Singapore 397693 | 6387 3700 |
| Lions Befrienders Service Association (Singapore) [For Seniors] https://www.lionsbefrienders.org.sg/ | Blk 130 Bukit Merah View #01-358 Singapore 150130 | 1800 375 8600 |
| Lutheran Community Care Services Ltd https://lccs.org.sg/ | Bukit Merah Community Hub 3779 Jalan Bukit Merah #02-01 Singapore 159462 | 6441 3906 |
| M ³ https://www.m3.gov.sg/ | Wisma Geylang Serai 1 Engku Aman Road Level 2 Singapore 490223 | - |
| NeuGen Fund https://www.neugen.org.sg | The Alexcier 237 Alexandra Road #04-03 Singapore 159929 | 6743 7885 |
| New Life Stories https://www.newlifestories.org.sg/ | 73 Haji Lane Singapore 189266 | 6386 7688 |
| Singapore Children's Society https://www.childrensociety.org.sg/ | Various Locations – Please refer to website | 6273 2010 |
| The Salvation Army https://www.salvationarmy.org.sg/ | Various Locations – Please refer to website | 6555 0188 |



ComCare

Social assistance for low-income individuals and families

☎ 1800 – 222 0000

| Social Service Offices | Address |
|---------------------------------------|--|
| Social Service Office @ Ang Mo Kio | 6A Ang Mo Kio St 53 Ang Mo Kio 3G Centre Singapore 569208 |
| Social Service Office @ Bedok | 21 Bedok North St 1 #01-02 Singapore 469659 |
| Social Service Office @ Boon Lay | Blk 189 Boon Lay Drive #01-254 Singapore 640189 |
| Social Service Office @ Bukit Batok | Blk 369 Bukit Batok St 31 #01-505 Singapore 650369 |
| Social Service Office @ Bukit Merah | Bukit Merah Community Hub 3779 Jalan Bukit Merah #01-01 Singapore 159462 |
| Social Service Office @ Bukit Panjang | Blk 232 Pending Road #01-29 Singapore 670232 |
| Social Service Office @ Chua Chu Kang | 8A Teck Whye Lane Singapore 681008 |
| Social Service Office @ Clementi | Blk 358 Clementi Ave 2 #01-285 Singapore 120358 |
| Social Service Office @ Geylang Serai | Singapore Post Centre 10 Eunos Road 8 #12-02 Singapore 408600 (Please use North Lobby) |
| Social Service Office @ Hougang | Blk 662 Hougang Ave 4 #01-413 Singapore 530662 |
| Social Service Office @ Jalan Besar | 69 Jellicoe Rd #01-03 Singapore 208737 |
| Social Service Office @ Jurong East | Devan Nair Institute for Employment and Employability 80 Jurong East St 21 #01-07 Singapore 609607 |
| Social Service Office @ Kreta Ayer | Kreta Ayer Community Club 28A Kreta Ayer Road #01-03 Singapore 088995 |
| Social Service Office @ Pasir Ris | Pasir Ris Sports Centre 120 Pasir Ris Central #01-16 Singapore 519640 |
| Social Service Office @ Punggol | Punggol 21 Community Club 80 Punggol Field #04-01 Singapore 828815 |
| Social Service Office @ Queenstown | Blk 170 Stirling Road #01-1121 Singapore 140170 |
| Social Service Office @ Sembawang | Blk 315 Sembawang Vista #01-173 Singapore 750315 |
| Social Service Office @ Sengkang | Blk 261C Sengkang East Way #01-506 Singapore 543261 |
| Social Service Office @ Serangoon | Blk 332 Serangoon Ave 3 #01-257 Singapore 550332 |
| Social Service Office @ Taman Jurong | 301A Corporation Drive Singapore 619773 |
| Social Service Office @ Tampines | Our Tampines Hub Public Service Centre 1 Tampines Walk #01-21 Singapore 528523 |
| Social Service Office @ Toa Payoh | HDB Hub Bizthree 490 Lorong 6 Toa Payoh #07-11 Singapore 310490 |
| Social Service Office @ Woodlands | Woodlands Civic Centre 900 South Woodlands Drive #06-13 Singapore 730900 |
| Social Service Office @ Yishun | Blk 746 Yishun Street 72 #01-127 Singapore 760746 |

All information is accurate as of Jan 2023